

SHE CHANGES THE GAME

PARENT & GUARDIAN WELCOME PACKET

**100 GIRLS. 100 OPPORTUNITIES.
ENDLESS POSSIBILITIES.**

MORE THAN A GAME. A MOVEMENT.

Welcome to a community where basketball opens the door to confidence, character, sisterhood, leadership, and opportunity. We are excited your family is interested in joining She Changes the Game (SCTG).

Serving: Girls ages 8-17, from beginners to experienced athletes.

Program: Basketball development and youth empowerment in Chicago.

Facility and exact training times: To Be Announced (TBA).

This packet is informational. Submitting an interest form does not guarantee a program place or confirm final enrollment.

01 | Welcome to SCTG

Dear Parent or Guardian, thank you for trusting us with your interest in your daughter’s growth. SCTG is designed to support young athletes both on the court and in everyday life. Our goal is to help each girl discover her voice, build discipline, form healthy friendships, and recognize her potential.

Our mission

To empower girls through basketball, mentorship, fitness, leadership development, and positive life experiences—helping them become confident athletes and future leaders.

What makes the program different

- Skill development: Ball handling, shooting, passing, footwork, defense, decision-making, and teamwork.
- Whole-person growth: Confidence, emotional awareness, resilience, communication, and healthy habits.
- Mentorship: Encouragement, role models, accountability, and age-appropriate leadership opportunities.
- Sisterhood: A respectful environment where girls support one another and celebrate progress.
- Academic encouragement: Positive conversations about school, effort, and personal goals.

Program at a glance

Who	Girls ages 8-17; all experience levels welcome
Location	Chicago training facility — TBA
Schedule	Planned year-round programming, approximately 1 day/week ; exact times TBA
Enrollment	Parent/guardian interest form followed by next-step communication
Capacity goal	Initial goal of 100 girls; actual openings subject to confirmation

02 | What to expect

A typical session may include a welcome and check-in, warm-up and movement preparation, age-appropriate basketball drills, small-group or team play, and a short leadership or reflection activity. Session plans will vary by age, ability, staffing, and facility availability.

Athlete expectations

- Show respect to teammates, coaches, volunteers, opponents, and facilities.
- Arrive ready to learn; give effort, ask questions, and support others.
- Use positive language; no bullying, harassment, or unsafe behavior.
- Follow coach instructions and established safety rules.
- Speak up to a trusted adult if something feels unsafe or uncomfortable.

Parent & guardian expectations

- Provide accurate contact details and respond to program communications.
- Arrange timely drop-off and pick-up when the schedule is confirmed.
- Notify program staff about absences and relevant accommodations through a secure process.
- Encourage effort, sportsmanship, and growth rather than focusing only on winning.
- Respect participant privacy; do not share images of other children without permission.

What to bring — once sessions begin

- Comfortable athletic clothing and properly fitting basketball shoes.
- Refillable water bottle and any personal items the athlete normally needs.
- A positive attitude and willingness to participate.

Important: Any health information, emergency contacts, waivers, and photo permissions should be collected through a separate, secure enrollment process before participation—not through the initial interest form.

03 | Family FAQ

Is my daughter officially enrolled after completing the interest form?

No. The interest form lets SCTG know your family would like information. Enrollment will require a separate confirmation and any necessary paperwork.

What ages can participate?

The program is designed for girls ages 8-17. Activities and groups may be organized by age and experience.

Does my daughter need basketball experience?

No. Beginners and more experienced players are welcome; activities will be adapted to ability where possible.

Where will training take place?

The Chicago facility is still to be announced. Families will receive location details once confirmed.

When are practices?

The planning goal is year-round programming, about one day per week . Specific days, times, start date, and availability are not yet finalized.

Is there a participation fee?

Fees, scholarships, and any equipment costs have not yet been confirmed. SCTG will communicate these details before families make an enrollment decision.

Can parents volunteer or businesses sponsor?

Yes. We welcome interest from mentors, volunteers, community partners, and sponsors. Opportunities and screening requirements will be shared as they are finalized.

Will my child be photographed?

Only in accordance with a separate parent/guardian photo and media consent process. No photo consent is assumed from submitting an interest form.

04 | Our shared commitment

SCTG works best when athletes, families, and program leaders share a commitment to growth, safety, and respect. Review the statements below together.

Athlete pledge

I will give my best effort, treat others with kindness, listen to my coaches, and remember that my worth is bigger than any score. I will encourage my teammates, learn from mistakes, and use my voice with confidence.

Parent / guardian pledge

I will encourage my child's growth, support respectful communication, follow program procedures, and partner with SCTG to create a positive experience. I understand that program details and enrollment requirements will be provided before participation.

Athlete name: _____

Parent / guardian name: _____

Date: _____

Note: These signature lines are a family reflection exercise, not a legal waiver or completed enrollment agreement.

05 | Family preparation checklist

- ☐ Save SCTG's website and watch for follow-up messages.
- ☐ Discuss your athlete's goals and what she hopes to learn.
- ☐ Review the expectations and pledges together.
- ☐ Wait for confirmed schedule, facility, costs, and enrollment instructions.
- ☐ Complete any required forms and permissions before attending.

06 | Stay connected

She Changes the Game (SCTG)

A Club Hoops Basketball Organization initiative

Chicago, Illinois

Website: [Visit the SCTG website](#)

Parent registration interest: [Submit the parent interest form](#)

Program staff will communicate confirmed details through official SCTG channels. Please avoid sharing private information about children in public comments or social media messages.

A message to every girl

You belong. Your voice matters. Your effort counts. You do not have to be the best player in the gym to become stronger, braver, more disciplined, or more confident. Show up ready to learn—and remember: you can change the game.

**SHE DOESN'T JUST PLAY THE GAME.
SHE CHANGES IT.**

Prepared for prospective SCTG families • October 2026

Program information is subject to confirmation and may be updated.